

# #activefirst

Fall / Winter 18-19



**The NEW Mountain Bike Trail at  
Finch Park opens in October.**

**See pages 12-13 for more info!**



**Register online at [registration.lexingtonnc.gov](http://registration.lexingtonnc.gov)**



facebook.com/colparksandrec

www.lexingtonnc.gov/ParksandRec  
registration.lexingtonnc.gov

(336) 248 - 3960 - Office  
(336) 248 - 3969 - Weather Hotline



### Robbins Recreation Center

512 S. Hargrave St  
Lexington, NC 27292  
Office Hours: 8am - 5pm (M-F)

## Mission

To promote community pride and wellness through diverse, intentional, and relevant leisure opportunities.

## Vision

A vibrant, healthy, energized, and progressive community.

## Values

Welcoming Environment, Accessible Service, Enriching Experience, Safe Atmosphere, Quality Parks and Programs

## On the Cover

**Did you know that Finch Park has a Mountain Bike (MTB) Trail? Thanks to local trail and bike advocates, old trails at Finch now have new life!**

The Finch Park MTB trail is a winding trail that follows a section of Abbott's Creek. The trail includes a .5 mile beginner loop that can be ridden independently, or as a part of a larger 1.5 mile intermediate loop. The beginner loop is designed for bikers who are looking for an introduction to unpaved trails, and is made up of two distinct sections. The creek side section is a beautiful winding trail with few obstacles that follows a section of Abbott's Creek, while the second half of the loop consists of a series of gentle hills, rollers, and berms that ebb and flow through the woodland forest. Phase 2 of trail improvements is expected to start in the fall and increase the trail to nearly 4 miles. **Want to get involved? Check out Roadies and Dirties at roadiesanddirties.weebly.com**

Cover photo courtesy of Roadies and Dirties.

## About this Guide

Lexington Parks and Recreation Department's Program Guide is published twice yearly. Every effort is made to ensure the accuracy of information in this guide; but changes may occur. Please confirm program details and fees prior to registering. If you would like an additional copy, or have comments about this publication, please call our offices at 336-248-3960. The Program Guide is available in our office and at other City locations. The guide also is published on our website at [www.lexingtonnc.gov/parksandrec](http://www.lexingtonnc.gov/parksandrec).



## From the Director

Lexington is taking **#ActiveFirst** to the extreme this upcoming year! We are excited to be in the final phases of planning and entering construction for the new BMX/Skate Park this Fall. Above is an awesome rendering that is the culmination of ideas of local skaters and BMX riders brought together by world-renowned skate park designers at Team Pain. If you are looking to get **#ActiveFirst** in an extreme way, check out the great things happening with mountain biking at Finch Park.

This guide brings back many favorite programs this season, with the addition of new programs to engage your body and mind in an **#ActiveFirst** lifestyle. Take a look at Tropical Dance, Meditation, and various new craft classes for teens and adults. Kids Get Crafty, STEM Kids, and Kids Cuisine are all back with engaging new themes. When your child is out of school, let us keep them **#ActiveFirst** with of fun activities and outings in our Days Away programs.

As a fun surprise, we have **#ActiveFirst** Pop Up Parks coming to a neighborhood near you. Look for details on Facebook [@COLPARKSANDREC](https://www.facebook.com/colparksandrec). We hope to see you at a program or park getting **#ActiveFirst** this fall & winter!

**Laura Duran, Parks and Recreation Director**

## Parks and Recreation Staff

- Laura Duran, CPRP** – Parks and Recreation Director  
**Andrew Lance, CPRP** – Parks and Recreation Manager  
**Beverly Everhart** – Services Coordinator  
**Tammy Curry, CFEA** – Program and Event Coordinator  
**Lexie Dees, CPRP** – Youth Program Coordinator  
**Tisha Douglas** – Athletics Coordinator

### Inclement Weather

If it becomes unsafe to run or continue a program due to inclement weather, we will postpone or cancel the event. For cancelled shelter reservations, users have three (3) business days to reschedule. For closures and cancellations, call our weather hotline (336-248-3969), or check our Facebook page.

### Photo Use

The City of Lexington Parks and Recreation Department may video or photograph participants enrolled in activities, classes, or programs, or in City of Lexington parks. These photographs and videos are used in program guides, brochures, website/social media, or on television.

### Changes and Refunds

Programs have a minimum number of participants needed, and participants must register by the deadline. You are entitled to a full refund for a cancelled program. Refunds are typically issued within 7-14 business days, in accordance with our Accounts Payable schedule. We do not give refunds for programs after they begin. Reservation fees are non-refundable. Should a cancellation due to inclement weather be necessary, an alternate date may be scheduled, but must be done within three (3) business days, and must be within the current calendar year.

### Additional Information

The full registration fee for a program is due at the time of registration. No spots will be held without full payment. We will take waiting lists for programs that are filled and expand a class if possible. Residents are considered those that live within City Limits. City residents support Lexington Parks and Recreation programs, facilities, and services through property taxes, so residents pay reduced fees. Proof of residency may be required; the best way to determine residency is to check your property tax bill, which lists the City you pay taxes to, or contact us.

### Want to Get Involved?

Many of our programs and events could not happen without community support. Donations, sponsorships, and volunteers allow us to offer low cost youth athletic leagues, free festivals, and increase the overall quality of programming. If you would like to become involved, please contact us!

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## City Council

### Mayor Newell Clark

Ward 1	Donald R. Holt, Sr
Ward 2	Tobin H. Shepherd
Ward 3	Linwood Bunce, II
Ward 4	L. Wayne Alley
Ward 5	Tonya A. Lanier
Ward 6	Whitney Brooks
At-Large	Frank D. Callicutt
At-Large	Jim B. Myers

City Council meetings are held at City Hall on the 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month at 7:00pm. The public is invited to attend.

## Parks & Recreation Advisory Board

### Chair - Kassaundra Lockhart

Keith Curry	Kristi Thornhill
Chris Phelps	Antonio Threadgill
Lloyd Pace	Jimmy Holshouser
Kelly Walker	Bryce Holmes

Advisory Board meetings are held at the Robbins Recreation Center on the 3<sup>rd</sup> Monday of each month at 6:30pm. The public is invited to attend.



registration.lexingtonnc.gov

## HOW TO REGISTER USING THIS GUIDE

CLASS DATE	RESIDENT/NON RESIDENT	DEADLINE	COURSE NUMBER
10/8	\$15 / \$18	Reg by Oct 3	15105

**Online Registration**  
[registration.lexingtonnc.gov](http://registration.lexingtonnc.gov)

**In Person Registration**  
 512 S. Hargrave St



## Youth Programs



### STEM Kids

**Science, Technology, Engineering and Math fun!**  
Kids will work to solve problems while building their reasoning, teamwork, and learning abilities.  
Monday, 6:00pm - 6:45pm, for ages 7 - 12

### Magnetic Slime

Learn to make slime and move it with magnets!  
10/8 \$5 / \$6 Reg by 10/7 18107

### Ghost Rockets

Homemade rockets that work through science!  
10/22 \$5 / \$6 Reg by 10/21 18110

### Float Your Boat

How much weight can your homemade boat carry?  
11/5 \$5 / \$6 Reg by 11/4 18114

### Butter Chemistry

How is butter made? Find out and make your own!  
11/19 \$5 / \$6 Reg by 11/18 18122

### Candy Cane Science

Learn how candy canes are made and try it yourself!  
12/17 \$5 / \$6 Reg by 12/16 18129

### Marshmallow Architecture

Higher and higher, how big will your structure be?  
1/14 \$5 / \$6 Reg by 1/13 18133

### Snowball Shooters

Design and create your own marshmallow shooter!  
1/28 \$5 / \$6 Reg by 1/27 18137

### Conversation Heart Catapults

Who needs Cupid when a catapult will do?  
2/11 \$5 / \$6 Reg by 2/10 18143

### Lego Dream House

Use Legos to build the house of your dreams!  
2/25 \$5 / \$6 Reg by 2/24 18145

## Kids Get Crafty

Design cool things to take home with you! Kids can express themselves freely during class, and showcase their design and artistic abilities.  
Thursday, 6:00pm - 6:45pm, for ages 5 - 12

### Rock Painting

Paint on rocks to be left around Lexington!  
9/27 \$5 / \$6 Reg by 9/26 18104

### Pumpkin Decorating

Paint a pumpkin for Halloween!  
10/11 \$5 / \$6 Reg by 10/10 18108

### Leaf Bowls

Have you ever seen a bowl made out of just leaves?  
10/25 \$5 / \$6 Reg by 10/24 18111

### Arm Knitting - Scarves

Design a scarf for winter using just your arm!  
11/8 \$5 / \$6 Reg by 11/7 18120

### Ornament Design

Craft an ornament to display on your tree.  
12/6 \$5 / \$6 Reg by 12/5 18127

### Gingerbread House

Create a yummy decoration in time for the holidays.  
12/20 \$5 / \$6 Reg by 12/19 18130

### Sock Snowman

Want to see how to make Frosty out of a sock?  
1/17 \$5 / \$6 Reg by 1/16 18134

### Tape Painting

Use tape to create designs on your painting!  
1/31 \$5 / \$6 Reg by 1/30 18138

### Valentines from the Heart

Make something for that special someone!  
2/7 \$5 / \$6 Reg by 2/6 18142

## POP UP PARKS

We are bringing the park to  
**YOUR neighborhood this fall!**

**LIKE us on Facebook for  
more details and updates!**

## Youth Programs



## Kids Cuisine

Learn fundamental cooking techniques and skills such as measuring, preparation, and safety in the kitchen, and taste test your creations.

Tuesday, 6:00pm - 7:00pm, for ages 5 - 12

### Pizza-dillas

Half quesadilla, half pizza, what's not to love?

9/18 \$5 / \$6 Reg by 9/17 18102

### Popcorn Balls

Create a classic sweet and salty Halloween treat.

10/16 \$5 / \$6 Reg by 10/15 18109

### Mummy Dogs

A spooky Halloween take on hot dogs.

10/30 \$5 / \$6 Reg by 10/29 18112

### Snowball Cookies

Cookies that make you dream of a White Christmas.

11/13 \$5 / \$6 Reg by 11/12 18121

### Chex Mix

Better than store bought, make it the way you like it!

11/27 \$5 / \$6 Reg by 11/26 18124

### Christmas Cookies

Bake and create perfect holiday treats.

12/11 \$5 / \$6 Reg by 12/10 18128

### Mac & Cheese

The ultimate comfort food, with your own twist.

1/22 \$5 / \$6 Reg by 1/21 18136

### Poptarts

Choose your flavor, and make your own breakfast!

2/5 \$5 / \$6 Reg by 2/4 18139

### Tot-chos

Tater tots AND nachos, need we say more?

2/19 \$5 / \$6 Reg by 2/18 18144

## Grown up and Me

Parents and toddlers will bond through artwork, stories, games and more while developing essential cognitive abilities and dexterity.

Wednesday, 5:30pm - 6:00pm, for ages 18 - 36 mos

9/5 - 9/26 \$10 / \$12 Reg by 9/4 18101

10/3 - 10/24 \$10 / \$12 Reg by 10/2 18106

11/28-12/19 \$10 / \$12 Reg by 11/27 18126

1/9 - 1/30 \$10 / \$12 Reg by 1/8 18132

2/6 - 2/27 \$10 / \$12 Reg by 2/5 18141

## Preschool Gets Active

Get moving with your little one and work on motor skills through exciting games. They are sure to be tired after this fun-filled class!

Wednesday, 6:00pm - 6:30pm, for ages 3 - 4

9/5 - 9/26 \$10 / \$12 Reg by 9/4 18100

10/3 - 10/24 \$10 / \$12 Reg by 10/2 18105

11/28-12/19 \$10 / \$12 Reg by 11/27 18125

1/9 - 1/30 \$10 / \$12 Reg by 1/8 18131

2/6 - 2/27 \$10 / \$12 Reg by 2/5 18140

## Fall Sports Samplers

Let your little one try baseball, soccer, golf, and football without committing to a full season!

Tuesday/Thursday, 5:30pm - 6:00pm, for ages 3 - 4

9/18 - 9/27 \$10/\$12 Reg by 9/17 11100

10/9 - 10/18 \$10/\$12 Reg by 10/8 11102

Tuesday/Thursday, 6:00pm - 6:30pm, for ages 5 - 6

9/18 - 9/27 \$10/\$12 Reg by 9/17 11101

10/9 - 10/18 \$10/\$12 Reg by 10/8 11103



## Females in Fitness

Join us for a health fair at **Washington Park** with community partners and agencies during Women's Health Month! There will be health screenings, exercise demonstrations, information on wellness programs, and more. **Ages 13+**

**Saturday, September 29**  
**10:00am - 1:00pm**

### Tabata

High intensity interval training with short workout bursts followed by rest periods.

#### Tabata (4 weeks)

Monday, 6:00pm - 6:30pm, for ages 13 and up  
10/8 - 10/29 \$24 / \$29 Reg by 10/7 17110

#### Tabata Lite (2 weeks)

Monday, 6:00pm - 6:30pm, for ages 13 and up  
1/21 - 1/28 \$12 / \$15 Reg by 1/20 17128

### Tropical Dance

Learn the basic steps, turns and hold of the salsa, merengue, bachata, cumbia and more!

Wednesday, 5:30pm - 6:15pm, for ages 13 and up

9/5	\$4 / \$5	Reg by 9/4	17103
9/19	\$4 / \$5	Reg by 9/18	17107
10/3	\$4 / \$5	Reg by 10/2	17108
10/17	\$4 / \$5	Reg by 10/16	17111
10/31	\$4 / \$5	Reg by 10/30	17113
11/14	\$4 / \$5	Reg by 11/13	17118
11/28	\$4 / \$5	Reg by 11/27	17119
2/13	\$4 / \$5	Reg by 2/12	17134
2/27	\$4 / \$5	Reg by 2/26	17136

### Zumba

Ramp up the intensity of your workouts with Zumba, an exercise program designed around dance!

#### Introduction to Zumba

Wednesday, 5:30pm - 6:00pm, for ages 13 and up  
12/12 \$4/\$5 Reg by 12/1 17123

#### Zumba for Beginners

Wednesday, 5:30pm - 6:15pm, for ages 13 and up  
1/2 \$4/\$5 Reg by 1/1 17125  
1/16 \$4/\$5 Reg by 1/15 17127  
1/30 \$4/\$5 Reg by 1/29 17129

### Walking with Ease

Walking program designed to ease joint pain and improve overall health. Complete the program, but on your schedule! Materials and exercises provided.

10/1 - 11/9 FREE Reg by 9/30 17137

### Sweatin' N Dancin'

Full body cardio that puts exercise to a soundtrack of old school tunes! Get ready to jam!

Monday, 6:00pm - 6:30pm, for ages 13 and up

9/10 - 10/1	\$24 / \$29	Reg by 9/9	17106
11/5 - 11/26	\$24 / \$29	Reg by 11/4	17116
2/4 - 2/25	\$24 / \$29	Reg by 2/3	17132

## Gymnastics and Dance

Introduce your kids to ballet and gymnastics! They will learn the basic steps and moves, and perform at the Uptown Christmas Parade!

Mondays, November 5 - December 3

#### Gymnastics

Age 4 - 6	4:30pm - 5:15pm	\$25 / \$30	Reg by 11/4	18116
Age 7 - 9	5:15pm - 6:00pm	\$25 / \$30	Reg by 11/4	18117
Age 10-15	6:45pm - 7:30pm	\$25 / \$30	Reg by 11/4	18119

#### Ballet

Age 4 - 6	4:00pm - 4:30pm	\$25 / \$30	Reg by 11/4	18115
Age 7 - 15	6:00pm - 6:30pm	\$25 / \$30	Reg by 11/4	18118



## Adult Meditation

Tuesday, 6:00 - 7:15pm, for ages 18 and up.

### Introduction to Meditation

Learn about meditation and ask questions.  
2/5 \$7 / \$9 Reg by 2/4 17133

### Breathing Meditation

Learn to center awareness and focus your breathing.  
2/19 \$7 / \$9 Reg by 2/18 17135



## Why Tea?

Participate in tastings, learn why tea is so healthy, and practice brewing the perfect pot of tea.

Saturday, 2:00pm - 4:00pm, for ages 16 and up  
10/20 \$14 / \$17 Reg by 10/19 17112

## Tea Time

Learn proper etiquette for tea time and how to host a formal tea event.

Saturday, 2:00pm - 4:00pm, for ages 16 and up  
11/3 \$21 / \$26 Reg by 11/2 17115

## Community Garden

Kids and adults are encouraged to learn about sustainable living, gardening, and more by helping in the garden, and partaking in the vegetables and herbs that are grown. **For more info, contact Tammy Curry.**

## From the Garden Cooking

### Apple Butter Canning Class

Learn to make fruit preservatives and pickled vegetables using Granny's favorite recipes!

10/6 \$3 / \$4 Reg by 10/5 17064



**Meditation** reduces anxiety, depression, and pain. Learn techniques to increase perception, peace and well-being by focusing and clearing the mind mentally and emotionally.

## Parent/Child Classes

Tuesday, 6:00 - 7:15pm, ages 5+. Cost is per person

### Introduction to Meditation

Learn about meditation and ask questions.  
9/4 \$7 / \$9 Reg by 9/3 14100

### Breathing Meditation

Learn to center awareness and focus your breathing.  
9/18 \$7 / \$9 Reg by 9/17 14101

### Mindfulness of the Senses

Incorporate your senses to experience life fully.  
10/2 \$7 / \$9 Reg by 10/1 14102

### Mindfulness of the Body

Meditate to calm the body for rest and healing.  
10/16 \$7 / \$9 Reg by 10/15 14103

### Walking Meditation

Practice mindfulness through meditative walking.  
11/6 \$7 / \$9 Reg by 11/5 14104

### Mindfulness of Emotions

Identify emotions, and control through meditation  
11/20 \$7 / \$9 Reg by 11/19 14105

### Mindfulness of Thoughts

Focus your breathing to control your thoughts.  
12/4 \$7 / \$9 Reg by 12/3 14106

### Pebble Meditation

Learn how to take meditation with you anywhere.  
12/18 \$7 / \$9 Reg by 12/17 14107

### Stone Soup Meditation

Bring everything learned together.  
1/15 \$7 / \$9 Reg by 1/14 14108

## Teen and Adult



## Teens and Tweens in Action

Group for 6<sup>th</sup>-12<sup>th</sup> graders promoting leadership and service. Meets monthly on the 1st Saturday.

### Tweens in Action (6th - 8th graders)

Sep - Jun FREE 17100

### Teens in Action (9th - 12th graders)

Sep - Jun FREE 17101

## Intro to Glass Etching

Create beautiful designs on glass using x-acto knives and stencils. Great for holidays and gifts.

Thursday, 6:00pm - 7:00pm, for ages 13 and up

11/8 \$15 / \$18 Reg by 11/7 17117

## Christmas Wreath Design

Make a custom holiday wreath out of live foliage for your home or office!

Thursday, 6:00pm - 7:00pm, for ages 13 and up

11/29 \$15 / \$18 Reg by 11/28 17120

## Crafting with Wood Pallets

Reclaim wood from old shipping pallets to design homemade holiday gifts and signs.

Thursday, 6:00pm - 7:00pm, for ages 13 and up

12/6 \$15 / \$18 Reg by 12/5 17121

12/13 \$15 / \$18 Reg by 12/12 17124

## International Club

Experience other cultures with fellow LSHS students. 9<sup>th</sup> - 12<sup>th</sup> graders, meets monthly on the 3rd Tuesday.

Sep - May FREE 17102

## Special Interest Groups

For more info contact Tammy Curry (tbcurry@lexingtonnc.gov)

### Multicultural Festival Planning Committee

Help coordinate and plan the Multicultural Festival.

Meets on the 3rd Tuesday from 5:30pm - 6:30pm.

Sep - Jun FREE 17097

### Friendship Club

Organization for the visually impaired that meets monthly on the 2nd Saturday from 12:00pm-2:00pm

Year-round FREE 17098

### Southside Seniors

Meets monthly on the Tuesday following the 2nd Sunday from 2:00-4:00pm for a meal and fellowship.

Year-round FREE 17099

## African American Quilting Bee

Join quilters of all levels and cultures to work on a quilt block, learn techniques, and exchange ideas.

Friday, 6:00pm - 7:30pm, for ages 13 and up

9/7 \$4 / \$5 Reg by 9/6 17105

10/5 \$4 / \$5 Reg by 10/4 17109

11/2 \$4 / \$5 Reg by 11/1 17114

12/7 \$4 / \$5 Reg by 12/6 17122

1/4 \$4 / \$5 Reg by 1/3 17126

2/1 \$4 / \$5 Reg by 1/31 17130

## Creative Folk Art Quilting

Learn basic skills of quilting, including piecing, block design, seam pressing, and assembly.

Thursday, 6:00pm - 7:30pm, for ages 13 and up

9/6 - 11/1 \$24 / \$29 Reg by 9/5 17104

1/10 - 3/7 \$24 / \$29 Reg by 1/9 17131





# ADULT FLAG FOOTBALL

Oct - Dec      \$400 team fee      12500

# YOUTH BASKETBALL

Our youth basketball program partners with the J. Smith Young YMCA and offers 4 co-ed age groups. Teams will practice and play from December – February.

**Registration opens Nov 1, stay tuned for more details!**

## Youth Wrestling

Wrestling teaches discipline, hard work, confidence and toughness.

Registration begins in November

**Youth baseball and softball registrations open in January!**

**No school? No problem! We are here and ready to have fun! Days will be filled with crafts, games, trips to the library and parks, and more!**

## WINTER CAMP

12/27	\$15 / \$18	Reg by 12/26	13100
12/28	\$15 / \$18	Reg by 12/27	13101
12/31	\$15 / \$18	Reg by 12/30	13102

## DAYS AWAY

9/24	\$15 / \$18	Reg by 9/23	18103
11/1	\$15 / \$18	Reg by 10/31	18113
11/21	\$15 / \$18	Reg by 11/20	18123
1/18	\$15 / \$18	Reg by 1/17	18135
2/28	\$15 / \$18	Reg by 2/27	18146
3/1	\$15 / \$18	Reg by 2/28	18147

7:30am - 5:30pm

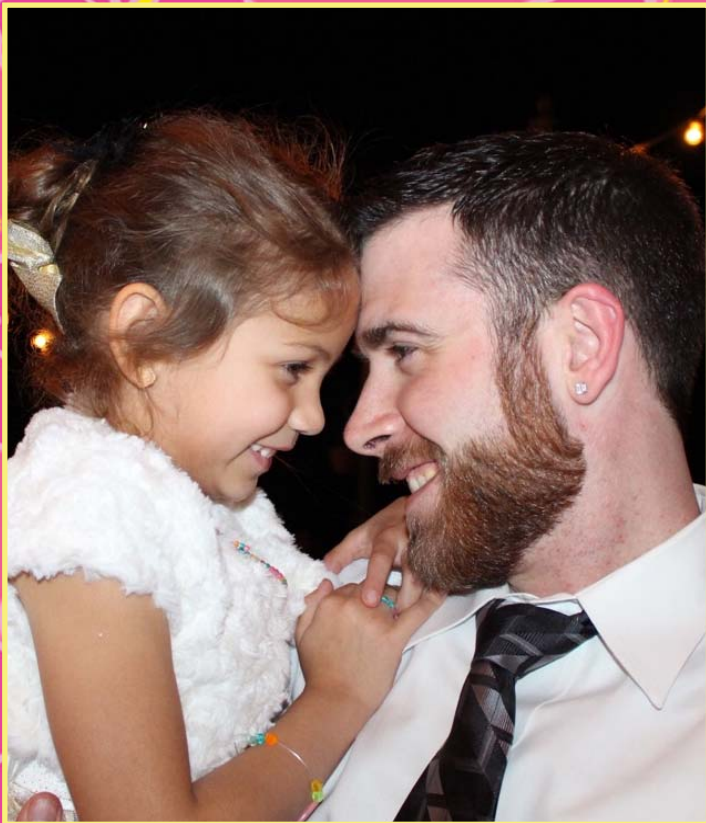
# Pajama Jam with Santa



Wear your cozy pajamas and enjoy cookies and story time with Santa. Don't forget to send a letter to the North Pole!  
 Saturday, 3:00pm - 5:00pm, for ages 3-12

12/8      \$12 / \$15      Reg by 12/7      16100  
**Registration rates increase to \$15/\$18 on 11/23**

# FATHER DAUGHTER DANCE



Fathers and daughters, grab your grass skirts and get ready for a Hawaiian themed luau! Dinner is included, registration cost is per person.  
 Thursday, 6:00pm - 8:00pm, for ages 3-12

2/21      \$20 / \$25      Reg by 2/14      16102  
**Registration rates increase to \$25/\$30 on 1/31**

# MOTHER SON SUPERHERO DATE NIGHT



Dress up as your favorite superhero and get ready for an awesome night! You never which superheroes will show up! Dinner is included, registration cost is per person.  
 Thursday, 6:00pm - 8:00pm, for ages 3-12

3/14      \$20 / \$25      Reg by 3/7      16103  
**Registration rates increase to \$25/\$30 on 2/21**

# Teddy Bear Tea with Mrs. Claus



Bring your favorite teddy bear for stories and tea with Mrs. Claus at the 6th Avenue Tea House!  
 Sunday, 2:00pm - 4:00pm, for ages 3-12

12/9      \$7 / \$9      Reg by 12/8      16101  
**Registration rates increase to \$10/\$12 on 11/24**

## Park Hours

**Parks with Walking Trails:** 5:00am – 10:00pm

**Parks without Walking Trails:** Dawn – Dusk

**Finch Park:** 8:00am – Dusk

**Pickett School Park:** 5:00am – 7:00am and

3:00pm – 10:00pm on school days,

5:00am – 10:00pm on other days

**Bingham Tennis Center:** 4:00pm – 10:00pm on

school days, 8:00am – 10:00pm on other days

# Parks and Amenities

<b>Bingham Tennis Center</b>	<b>205 W Hemstead St</b>	8 tennis courts (2 pickleball courts)
<b>Cecil Street</b>	<b>106 Cecil St</b>	playground, basketball court
<b>Childers</b>	<b>100 Swing Dairy Rd</b>	shelter, grill, playground, basketball court
<b>Erlanger</b>	<b>605 Park Cir</b>	playground, gazebo, 1/3 mile trail
<b>East 3rd Avenue</b>	<b>315 E 3rd Ave</b>	playground, basketball court
<b>Finch</b>	<b>15 Paul Beck Rd</b>	5 shelters with grills, 2 playgrounds, 1/4 mile nature trail, MBT ( <b>opens in Oct</b> ), 2 softball and 1 youth baseball field, multipurpose field, basketball court
<b>Fourth Street</b>	<b>412 E 4th St</b>	shelter, playground, 2 basketball courts
<b>Green Needles</b>	<b>264 Charlotte Dr</b>	shelter, playground, basketball court, multipurpose field
<b>Grimes</b>	<b>25 Hege Dr</b>	gazebo, playground, tennis court, 1/2 mile & 1/3 mile trails
<b>Hillcrest Circle</b>	<b>8 Hillcrest Cir</b>	seating, reading area
<b>Holt-Moffitt</b>	<b>101 W 9th Ave</b>	1 baseball field
<b>Holt Street</b>	<b>602 Holt St</b>	playground, basketball court
<b>Jaycee</b>	<b>307 Burler St</b>	shelter, grill, playground, 1/4 mile trail
<b>Lexington Aquatic Park</b>	<b>207 Forest Rose Drive</b>	competition size swimming pool, zero depth entry
<b>Lexington Golf Club</b>	<b>200 Country Club Blvd</b>	18 hole course, 2 tennis courts
<b>Myers</b>	<b>101 S Talbert Blvd</b>	playground, 1/4 mile & 1/6 mile trails
<b>Old Charles England</b>	<b>301 Smith Ave</b>	shelter, playground, 2 tennis courts, multipurpose field, 1/8 mile trail
<b>Old City Lake</b>	<b>2429 City Lake Rd</b>	2 shelters, 2 grills, playground
<b>Pickett School</b>	<b>200 Biesecker Rd</b>	shelter, playground, multipurpose field, 2 tennis courts, 1/4 mile trail
<b>Radcliffe</b>	<b>301 W 9th Ave</b>	playground, basketball court, ( <b>Skate Park 2019</b> )
<b>Robbins Center</b>	<b>512 S Hargrave St</b>	playground, youth baseball
<b>Smith Avenue</b>	<b>811 Holt St</b>	basketball court
<b>Tussey Street</b>	<b>514 Tussey St</b>	shelter, playground, 2 basketball courts
<b>Washington</b>	<b>100 Bookington Dr</b>	playground, basketball court, 3 shelters, walking trails splashpad - ( <b>closes Sept 30 and reopens in May 2019</b> )

# Finch Park MTB Trail Opening!

## Saturday 10/20, 9:00am

### Ribbon cutting, bike rodeo, clinics, and more!

**After the Trail Dedication and Ribbon Cutting, keep the fun going with these cool events!**

#### **Bike Rodeo**

Join the Lexington Police Department and Roadies and Dirties to learn about bike safety and proper riding techniques. We will also be giving away a limited number of FREE helmets!

#### **MTB Clinics**

Never ridden? Stick around after the Bike Rodeo for one of these two clinics! Registration required.

##### **Women's Intro MTB Clinic**

Learn basic bike handling skills such as cornering and navigating obstacles.

##### **Intermediate MTB Clinic**

Learn more complex maneuvers like wheel lifts and cornering techniques.

#### **DC Revolution**

If you are a 6th - 12th grader interested in mountain biking, come out and meet team members and the coaching staff of the DC Revolution! The team competes through the spring on mountain bike courses throughout the state as part of the NC Interscholastic cycling association. Practices are held at Finch Park and other trails in the Triad area. No tryouts, and everyone rides. There is help available for those who do not have resources to compete. FB - @davidsoncountymtb

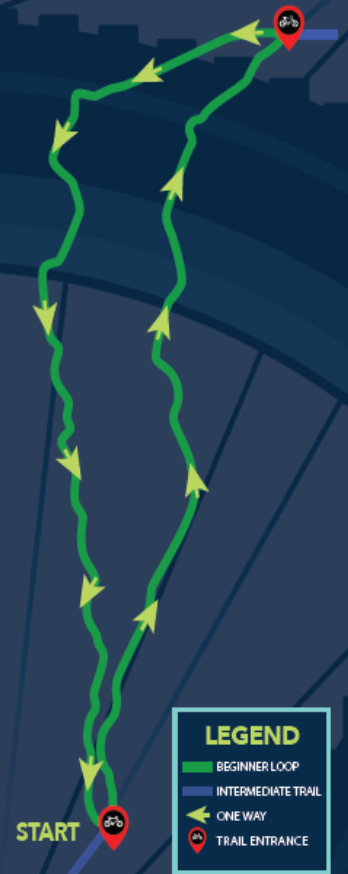
**Check out the inside front cover for a detailed trail description, and learn more about the Grand Opening on our website and Facebook page.**

# FINCH PARK BIKE & HIKE TRAIL



## BEGINNER MTB LOOP

ALWAYS WEAR A HELMET. RIDE SAFELY.



The Beginner Loop is a one-way trail designed for less experienced riders to practice their bike skills.

- Always wear helmet.
- Ride at a safe speed.
- Caution when entering and exiting the trail.
- Hikers please walk opposite direction of the bikes.

**PARK HOURS:** 8 am-Dusk

**PARK OFFICE** 336-248-3960

### INFORMATION

[lexingtonnc.gov/parksandrec](http://lexingtonnc.gov/parksandrec)

[facebook.com/COLParksandRec](https://www.facebook.com/COLParksandRec)

### TRAILS

- Beginner Loop (0.5 mi)
- Intermediate Trail (1.3 mi)
- Pond Loop (0.5 mi)
- Trail Entrance
- One Way

## PARK ETIQUETTE

### RIDERS

Please respect the rules of the park.

- **ALWAYS WEAR A BIKE HELMET.**
- **Share the Trail with Other Trail Users.**  
Mountain bikers, runners, and hikers must share multi-use trails. Yield to pedestrians and uphill bike traffic in the park. Strive to make each pass safe and courteous.
- **Stay on the Trail.**  
Riding off trail can damage the ecosystem. Never cut switchbacks. Follow all directional signage, and remember trail intersections come quickly.
- **Respect Trail Closures.**  
Riding a muddy trail can cause unnecessary trail widening and erosion that may lead to long-lasting damage. Some trails may close due to wet conditions.
- **Leave No Trace.**  
Be sensitive to the trail and its surroundings by riding softly and never skidding. Do not litter and never scare animals.
- **No Unauthorized or Illegal Trailwork.**  
This may lead to environmental damage, injury or even potential trail closure.
- **Observe City Rules and Ordinances**  
No horseback riding, OVRs, camping, dogs off the leash, smoking or intoxicants.

Report any obstructions such as downed trees and other hazards found on the trail to Lexington Parks & Recreation, 336-248-3960.

**THIS IS YOUR PARK. TAKE CARE OF IT.  
GET INVOLVED.**

If you want to make a difference in your mountain biking community, get involved with the local club Roadies & Dirties or call Lexington Parks & Recreation to sponsor a trail.

**EMERGENCY CALL 911**



# Finch Park Reservations

There are five shelters, three ball fields, and a multi-purpose field that can be reserved at Finch Park. Reservation fees and times are listed below.

Reservation Fees		Reservation Schedule			
City Resident	\$25 for 3 hours	Mar – Oct	8am – 11am	12pm – 3pm	4pm – 7pm
Non Resident	\$50 for 3 hours				
Tournament (1/2 day)	\$75.00	Nov – Feb	10am – 1pm	2pm – 5pm	n/a
Tournament (Full day)	\$150.00				

**RESERVE FACILITIES ONLINE AT  
REGISTRATION.LEXINGTONNC.GOV**

## Robbins Recreation Center

Need a place for your next work function, church service, or party?

Our room fits 75 - 90 people, and includes tables and chairs!



**Commons on the Green is the ideal setting for a your next wedding, function, or banquet, with a 300 person capacity, and a terrace overlooking the 18<sup>th</sup> hole!**



**COMMONS**  
ON THE GREEN



**For additional information about Lexington Golf Club and Commons on the Green, please call (336) 248-3950 or visit**

**[lexingtongolfclub.com](http://lexingtongolfclub.com)**



**Get your annual pass!**

<b>Individual</b>	<b>\$450</b>
<b>Senior (60+)</b>	<b>\$335</b>
<b>Family</b>	<b>\$595</b>
<b>Junior (18-)</b>	<b>\$175</b>

Register online at [registration.lexingtonnc.gov](http://registration.lexingtonnc.gov)

[lexingtonnc.gov/parksandrec](http://lexingtonnc.gov/parksandrec)

336-248-3960

[facebook.com/colparksandrec](https://facebook.com/colparksandrec)

# ENERGY SAVING TIPS

## *in the Winter*



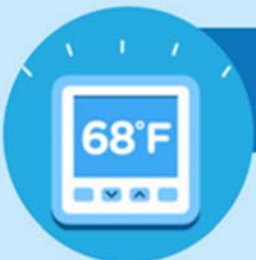
Prepare your house for the winter chills!  
Keep your housing energy bills under control, while keeping your family warm during the time of cold.



**OPEN DRAPES AND BLINDS TO ALLOW SUNLIGHT IN, AND CLOSE TO RETAIN HEAT**



**CLOSE THE FIREPLACE DAMPER WHEN NOT IN USE TO KEEP HEAT IN**



**USE YOUR PROGRAMMABLE THERMOSTAT TO ADJUST SETTINGS DURING THE DAY**



**SEAL WINDOWS AND DOORS TO SAVE UP TO 20% ON YOUR HEATING BILL!**



**LOWER WATER HEATER TEMP TO 120°, WRAP IN INSULATED BLANKET**

**FOR MORE INFORMATION  
VISIT [LEXINGTONNC.GOV](http://LEXINGTONNC.GOV)**

